



## Herbal Formularies for Health Professionals, Volume 2

Circulation and Respiration, including the Cardiovascular, Peripheral Vascular, Pulmonary, and Respiratory Systems

Dr. Jill Stansbury, ND

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While naturopathy and alternative medicine have been on the rise in the U.S., practicing clinicians have not had an authoritative resource on herbal formularies—until now.

**D**r. Jill Stansbury—one of the leading clinical herbalists in the country, with over 30 years of clinical experience—has made the creation of such a desk reference her life's work: *Herbal Formularies for Health Professionals*, a five-volume set, provides a comprehensive, user-friendly reference manual for herbalists, physicians, nurses, and students.

The texts in this set are more extensive than any existing clinical guide—covering more particular diagnoses and conditions, and embracing both traditional and modern research—and a professional index makes information accessible and user-friendly for busy clinicians looking to quickly find guidance in the middle of a patient day.

Organized by body system, these formularies are also a tutorial for budding herbalists. Rather than prescribing a one-size-fits-all treatment for a basic diagnosis, Dr. Stansbury's approach focuses on the sophisticated art of fine-tuning the precision of an herbal formula for the constitution and overall health condition of an individual patient.

*Herbal Formularies for Health Professionals, Volume 2* focuses on circulation and respiration, offering formulas and supporting information for treating a wide range of vascular, pulmonary, and respiratory conditions, including angina, coronary artery disease, hypertension, congestive heart failure, Reynaud's syndrome, anemia, coughs, bronchitis, cystic fibrosis, and emphysema. *Volume 1: Digestion and Elimination* debuted the set earlier this year and *Volume 3: Endocrinology*; *Volume 4: Neurology, Psychiatry, and Pain Management*; and *Volume 5: Immunology, Orthopedics, and Otolaryngology* will be published in 2019.

This definitive guide is a must-have resource for naturopathic physicians, acupuncturists, nurse practitioners, and other allied health professionals.



**Jill Stansbury**, ND, is a naturopathic physician with 30 years of clinical experience. She served as the Chair of the Botanical Medicine Department of the National University of Natural Medicine in Portland, Oregon, for over 20 years. She remains on the faculty teaching herbal medicine and medicinal plant chemistry and leading ethnobotany field courses in the Amazon. She is the coauthor of *The PCOS Health and Nutrition Guide* and *Herbs for Health and Healing*. Dr. Stansbury lives in Battle Ground, Washington, and is the medical director of Battle Ground Healing Arts. She also runs an herbal apothecary offering the best quality medicines from around the world, featuring many of her own custom tea formulas, blends, powders, and medicinal foods.

<http://media.chelseagreen.com/herbal-formularies-for-health-professionals-volume-2>

# HERBAL FORMULARIES FOR HEALTH PROFESSIONALS

## PRAISE FOR VOLUME 1: DIGESTION AND ELIMINATION

“The best herbal formulary since the days of the renowned Eclectic physicians. . . . Each section and page clearly shows the skill, experience, and expertise of the author and will help even the seasoned naturopathic physician or herbalist improve their clinical practice and success in treating their patients.”

—**DAVID WINSTON, RH (AHG), dean of David Winston’s Center for Herbal Studies; founder of Herbal Therapeutics Research Library**

“Simply the best text available for the modern clinical practice of Western herbal medicine. It’s likely to become an instant classic and essential book for any student of herbal medicine, as well as seasoned practitioners.”

—**CHRISTOPHER HOBBS, PhD, LAc, fourth-generation herbalist**

“Fabulous! This book is an outstanding resource. . . . A master reference tool for herbalists, doctors, and other health care professionals seeking to create precise formulas based on the individual, not on the diagnosis.”

—**ROSEMARY GLADSTAR, herbalist; founder of Sage Mountain Herbal Retreat Center**

“Part guidebook, part *materia medica*, and part recipe-based formulary, laced with an enthusiastic appreciation of all things herbal . . . . A well-researched and beautifully presented herbal resource.”

—**TIMOTHY MILLER, ND, MAc, LAc, RA, founder of Naturopathic CE**

“There is no other formulary as comprehensive or as accessible . . . this book truly fills an empty space in the list of current herbal clinical education publications.”

—**DR. MARY BOVE, ND, author of *Encyclopedia of Natural Healing for Children and Infants***

“This refreshing work will be highly useful for both serious students and practitioners.”

—**HENRIETTE KRESS, herbalist; founder of Henriette’s Herbal Homepage**

“A formidable accomplishment and historic contribution to the rapidly developing field of botanical medicine.”

—**DAVID CROW, LAc, founder of Floracopeia Aromatic Treasures**

“A valuable guide to formulation that will lend a strong guiding hand for herbalists of all skill levels”

—**7SONG, director of Northeast School of Botanical Medicine; Director of Holistic Medicine, Ithaca Free Clinic**

“This first of five volumes has me eagerly awaiting Volume 2. . . . There is no doubt that Jill Stansbury, ND, stands as a true master herbalist, healer, and teacher.”

—**NATURAL MEDICINE JOURNAL**

“This series promises to be a cornerstone not only for students, but also for working professionals who rely on clinical recommendations when treating patients.”

—**NATUROPATHIC DOCTOR NEWS & REVIEW**

“A must-have for anyone passionate about the practice of herbal medicine.”

—**HERBAL REMEDIES ADVICE**