



Bioregulatory Medicine

An Integrative Holistic
Approach to Self-Healing

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Bioregulatory medicine is a cutting edge and innovative medical model.

What you will learn in this book is that repairing and restoring our body's natural biological processes is the only way to reverse and correct the deepest roots of disease patterns.

Half of all Americans are afflicted with some sort of chronic or degenerative illness: Heart disease, autoimmune disease, diabetes, neurological conditions, cancer—the list goes on. But the allopathic approaches used to treat these conditions clearly aren't working: despite the fact that the United States spends the most on health care per person than 184 other countries, our health care system is ranked as the worst among the eleven developed nations. So what are we missing? In countries like Switzerland, Germany, India, China, Canada, and France—all ranking far higher than the U.S in healthcare—bioregulatory medicine is a household concept.

What is bioregulatory medicine? It is wholistic (with emphasis on the “whole”), in that it views the body as a living system—and a matrix of interconnectedness—physically, mentally, emotionally, and spiritually. When the human body is functioning properly, it is a magnificent, self-regulating bio-system of mind, body, and spirit. The goal of bioregulatory medicine is to support, or restore, that self-regulating state of wellbeing and self-healing.

To achieve this goal, bioregulatory medicine is committed to fostering balance and harmony between the individual's outer environment and his or her internal environment with therapies that are aimed at assisting the body's many autoregulatory systems to create a multiple dynamic equilibrium.

There are many factors that go into individualized evaluations of a patient's health, including an assessment of environmental toxins, ecological terrain, lifestyle patterns and habits, social and professional influences, and genetics.

See the reverse side of this page for a list of bioregulatory medicine's most important concepts. For more information visit www.brmi.online.

The Bioregulatory Medicine Institute is a non-profit program of the Marion Institute, founded to promote the science and art of biological regulatory medicine, and to increase public knowledge and integration of bioregulatory medicine as a wholistic and evidence-based medical system.

<http://media.chelseagreen.com/bioregulatory-medicine>

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IMPORTANT CONCEPTS

In 1953, the German physician S. Klein, MD, listed some of the most important concepts of Biological Regulatory Medicine in the magazine *Hippokrates*:

- Heat and cold, dryness and moisture, light and air, as well as proper nutrition, can all be used to heal the patient. A healthy diet with water therapy in the tradition of Hippocrates are important cornerstones of a natural therapy.
- The healing process is also the illness process. Medical conditions that develop occur with the body's best intentions as it attempts to heal itself.
- The absolute unity of spirit, mind and body.
- The individuality of every person, both anatomically as well as functionally. As a result, an illness should not be treated according to a particular model or pattern, but rather emphasis should be placed on supporting the healing processes of the patient.
- Emphasis should be placed on proper nutrition, natural remedies, and stimulating the excretion process via the intestinal tract, kidneys, lungs, and skin.
- The therapy should be natural. Natural physical processes, such as fever, should be treated but not combated or suppressed.
- The medical practitioner should emphasize preventative medicine as well as healing. Diagnosis and treatment are important, but educating patients is just as important.

